

### Griffin Hospital Mini Med School PlaneKnowledge Teleconference

PlaneKnowledge Teleconference February 27, 2008

Ken Roberts Director, Communications & Public Affairs



# History

Griffin's Mini-Med School was the brainchild of two senior Griffin Hospital physicians. Utilizing the NIH "Mini Med School Planning Guide," they researched other programs, adopting what they liked, omitting what they didn't, and creating a new framework for community health education and empowerment.



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### Medical Directors (and founding fathers)

#### Kenneth V. Schwartz, M.D. Medical Director, Griffin Hospital



#### Paul B. Nussbaum, M.D. President of the Medical Staff



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### The Course Is...

Designed to give participants a better idea of Medicine, Medical Practice, and Modern Treatments and Diagnostic Methods

Designed at High School to College Level

Designed to provide interaction between participants and faculty

Designed to encourage participants to obtain additional education and training, such as CPR, First Aid, EMT, or other courses

### The Course is Not...

Hands on No "Skills" involved Formal Medical Training (No, you don't get to do surgery...)



### **Course Overview**

Purpose: to enhance participants' knowledge of Medicine, Human Anatomy, physiology, pathology

Covers Normal Anatomy, Diseases, Treatments, Diagnostic Tools, Medications

Organized by disciplines "ologys"

 Presented by specialists on Griffin's Medical Staff

### **Lecture Format**

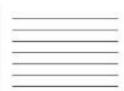
 Each week is divided into two one-hour sessions, with 15-minute break between sessions and time for Q&A.

 Course binders and handouts provided to facilitate note taking



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### **Templates Create Continuity**

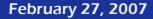
Content template for topics (what the body system is, what it does, what can go wrong, how we fix it)

PowerPoint template for presentations & handouts (A.D.A.M. and other resources for images)



### **Mechanisms for Feedback**

Overall Mini Med School Evaluation	Griffin Hospital Mini Med School Session Evaluation Form		
Spring 2007 Session			
Your Comments are Important to Us! Please help us continue to enhance our program by completing and returning this evalua	Session 3, Fall 2007 The Role of Primary Care		
Please circle overall program rating for each:	Presenter: Domenic Casablanca, MD		
The content was informative and relevant: 1 2 3 4	Thursday, September 20, 2007		
ac content was informative and engaging: 1 2 3 4   be speakers were clear and engaging: 1 2 3 4   be pace of the session swere: 1 2 3 4   be program met my sversill expectations: 1 2 3 4	Your Comments are Important to Us! Please help as continue to enhance our program by completing and returning this Please circle for each:		
What did you like most about this program?	PORR     #AR     AVERAGE     C       1. The program content was informative:     1     2     3       2. The speakers were clear and engaging:     1     2     3       3. The visual aids enhanced my learning:     1     2     3		
Was the content relevant and thorough?	4. The pace of the program was:     1     2     3       6. The program met my overall expectations:     1     2     3		
What, if any, changes to the session's education/format would you suggest? Other Comments.	Was the content relevant and thorough o <u>n this issue?</u> What, if any, changes to today's education would you suggest?		
Name (optional):	Other Comments.		
PLEASE RETURN AT THE END OF THE SESSION	Name (optional):		
	PLEASE RETURN AT THE END OF THE SESSION		



### **Decision Points**

Length of program? (Started at 9 weeks and expanded to 10; need to avoid holidays, if possible)

Sponsorship? (Yes - solicited sponsors such as Ethicon, Medtronic, etc.)

To charge or not to charge? (No - keep accessible to everyone)

Capacity?

# **Getting Started**

Set a start date and begin working backward

Recruit presenters by specialty

Finalize schedule, begin promotion
6 weeks before start date

# **Specialties Represented**

- Primary Care
  - Dr. Dominic Casablanca
- Cardiology
  - Dr. Kenneth V. Schwartz
  - Dr. Kenneth Spector
- Neurology
  - Dr. Kanaga N. Sena, M.D.
- Orthopedics
  - Dr. Robert Nolan
- Pulmonary Disease
  - Dr. Kenneth Dobuler
- Gastroenterology
  - Dr. Harold Schwartz
- Nephrology
  - Dr. Paul Nussbaum
- Endocrinology
  - Dr. David Moll

- Oncology & Hematology
  - Dr. Jeffrey Orell
- Otolaryngology
  - Dr. Mark Aferzon
- Ophthalmology
  - Dr. James Pinke
- Gynecology
  - Dr. Michael O'Reilly
- Urology
  - Dr. Arnold Rivera
- Rheumatology
  - Dr. Stephen J. Moses
- Dermatology
  - Dr. Nira R. Silverman
- General Surgery
  - Dr. Lee Soto

### Promotion

Electronic and/or print newsletters

Press releases to local newspapers (front page story in major daily newspaper resulted in 200 registrations in 3 days)

 Ads in local newspapers (reserve as a last resort, pending registration)

### **Enrollment Process**

Send confirmation letters & e-mails to registrants

Send "regrets" letters & e-mails to wait list; promise right of first refusal to register for next session

# Housekeeping Items

- Establish start, break & ending times
- Parking
- Restrooms
- O&A time at the end, but individual presenters may welcome questions during presentation
- Questions should be general in nature; questions regarding personal medical conditions should be held until after the program concludes
- Turn off cell phones and pagers!

### Details, Details

- Book rooms in advance
- Arrange refreshments
  - Secure AV equipment, support
- Recruit volunteers for registration
- Order supplies (binders & dividers, name tags, etc.)

Plan "graduation" ceremony

# **Keys to Success**

Remember, if it can go wrong, it will probably wait until the session starts, so be prepared to deal with it

 AV, PowerPoint adventures are inevitable (backup systems essential)

 Planning helps, checklists help more (but still have a "Plan B")

Say thank you to everyone, because you'll be asking for their help again!

# It Takes a Village...

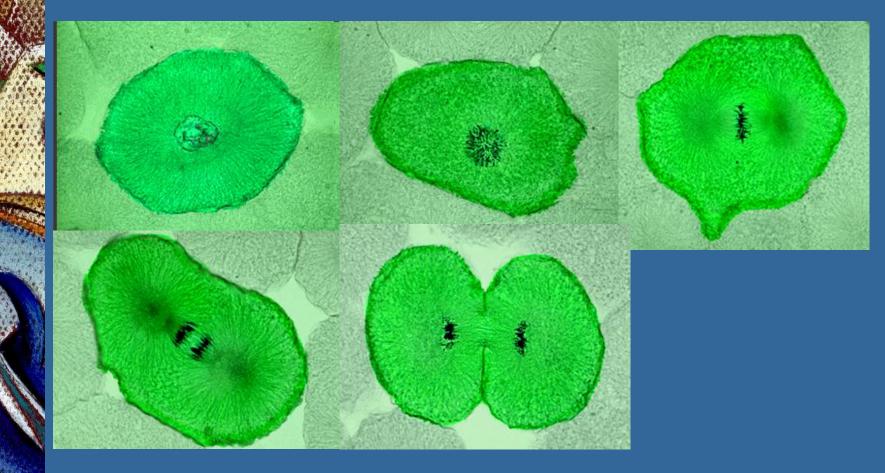
- Medical Librarians
- IT & AV Support
- PowerPoint Expertise
- Marketing/PR
- Phone Registration Staff
- Webmaster
- Reception & Volunteers
- Physicians

### **Excerpts from Presentations**

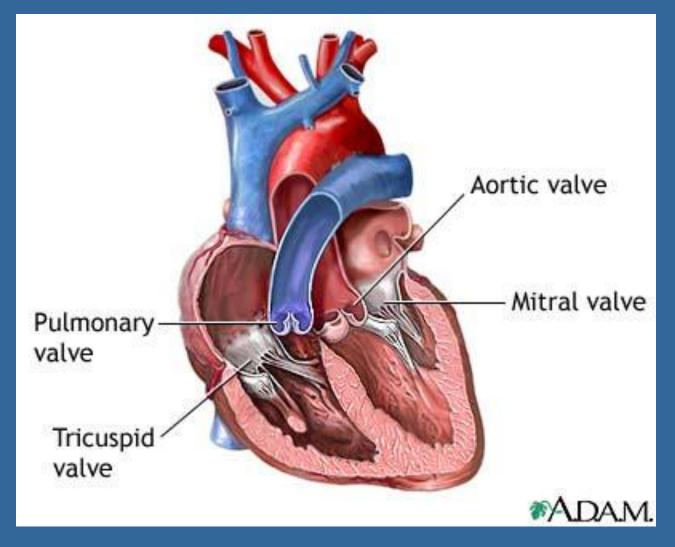
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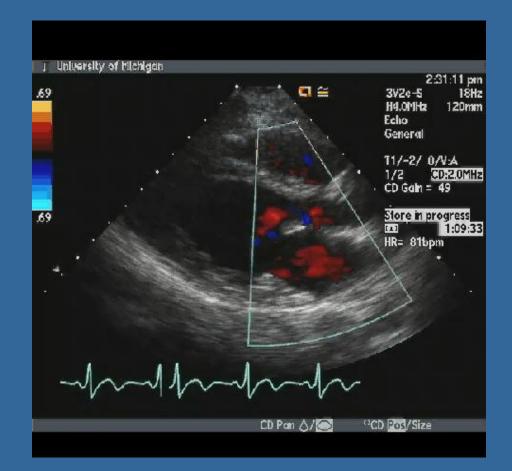
### **Cell Nucleus** DNA Replication: Mitosis



### The Heart Valves

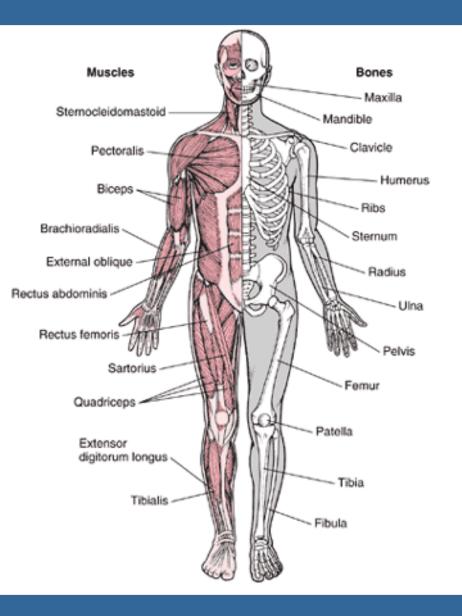


### Color Flow Doppler of Mitral Regurgitation



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### **Alzheimer's Disease**

First described in 1907

Observed in a 51-year-old female patient with memory loss, disorientation, and hallucinations

Alois Alzheimer

Postmortem studies characterized senile plaques and neurofibrillary tangles (NFTs) in the cerebral cortex

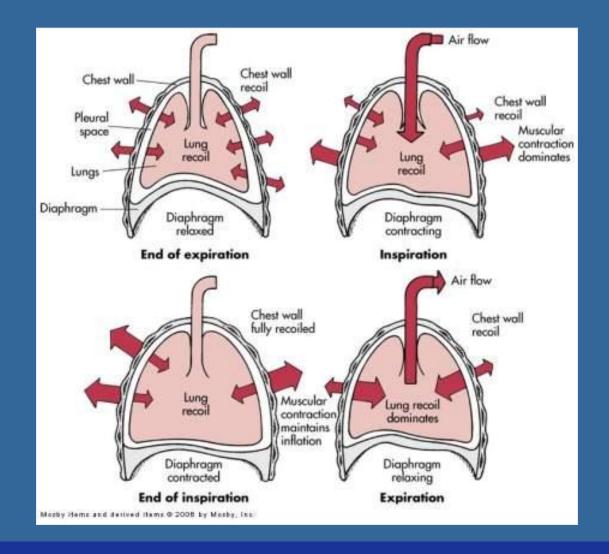


Auguste D

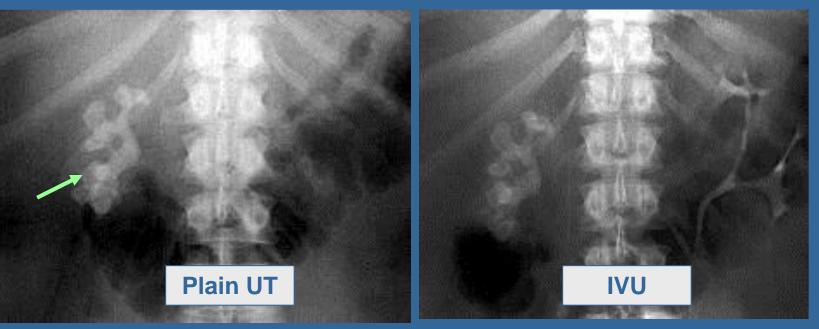




### **Mechanics of Breathing**



### **Stones**



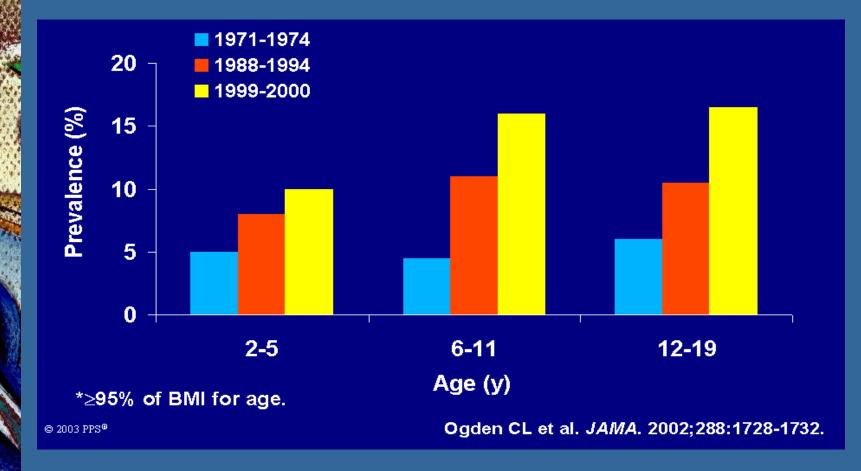


#### **Right kidney stag-horn stone**

These are phosphate stones that are usually related to infection and commonly affect function of the affected kidney

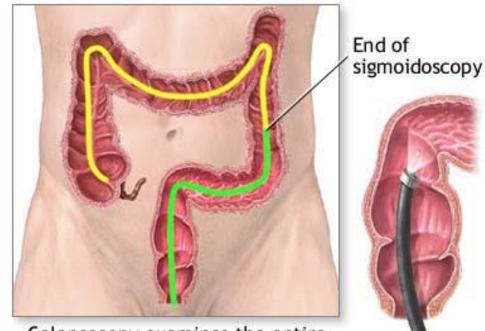
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### Prevalence of Overweight\* Among US Children and Adolescents



### **Colon Cancer**

#### colonoscopy

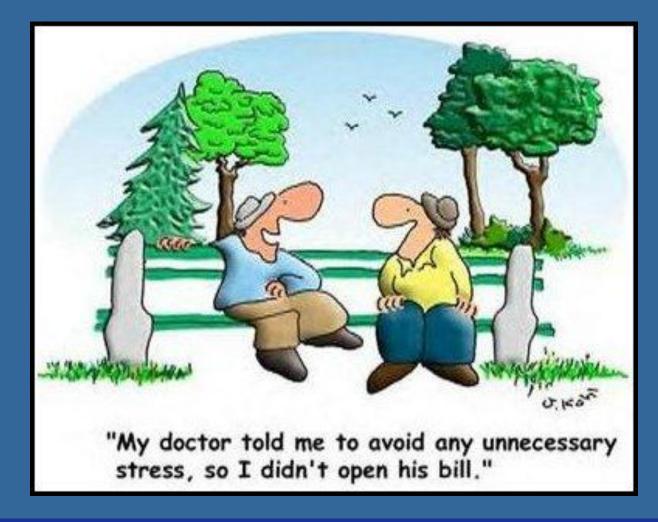


Colonoscopy examines the entire length of the colon; sigmoidoscopy examines only the lower third

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\*ADAM.

### **STAY LOOSE & ENJOY** (It's not going on your permanent record)



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### How to Judge Success # of attendees (100 enroll for each session; roughly 70 "graduate")



### **Definition of Success**

### Continued interest

Constructive suggestions (Griffin Hospital added Primary Care, Orthopedics sessions, expanded schedule to 10 weeks)

Evaluations, feedback extremely positive

### Sample Feedback

"I would like to take this opportunity to thank you for the privilege of attending Griffin Hospital's inaugural Mini Med School Program. I enjoyed the course immensely and looked forward to each week's session. Kudos to all those involved in the planning and implementation of an outstanding program! Perhaps the future will bring Mini Medical School, Part II. As a successful 'graduate' of the introductory program, I'd be delighted to participate in an advanced course.

### Feedback

"Thanks so much for the mini medical school Griffin Hospital offered to us. I have been talking to everyone – family and relatives, friends, neighbors and co-workers about "my medical school". They all are too impressed to believe that you can deliver such an ambitious outreach program. I enjoyed every session so far and see the doctors are all passionate about their medical career, care about their patients and the community. I bet if each student spread the great news to 10 people, then over a thousand will soon be added to your waiting list. We are all happy to live so close to the greatest hospital in USA."

### Tangible, Intangible Benefits

More educated consumers New people coming through the door, especially from outside primary service area Exposure to Planetree model of care Market differentiation Physician promotion (remind them to bring business cards!)

### Summary

Planning, consensus, teamwork are keyLogistics, logistics, logisticsHealth education mission metGoodwill engenderedBe prepared to do it again!

### **Questions?**

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